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# sacramento FAVORITES

BY NICK LEONTI

## SACRAMENTO RIVER TRAIN

341 Industrial Way, Woodland  
530-666-6756 | [www.sacramentorivertrain.com](http://www.sacramentorivertrain.com)  
Ordinarily we would discourage visitors from riding a train that gets robbed on a regular basis, but we'll gladly make an exception for the Sacramento River Train. What's the catch? This train is being robbed by Wild West bandits for your entertainment as you enjoy the scenery along the Sacramento River from the comfort of your rail-car. Many other themed rides are also available as well as dinner and brunch trains.

## B STREET THEATRE

2711 B St., Sacramento  
916-448-9707 | [www.bstreettheatre.org](http://www.bstreettheatre.org)  
Seen a play recently? Back in 1986, actor and Sacramento resident Timothy Busfield (*Field of Dreams*, "The West Wing") and his brother, Buck, created the B Street Theatre School Tour, a traveling program to bring theatre arts to school children. Five years later the success of that program led to the creation of the permanent B Street Theatre which then expanded its focus on children's programs to include stage performances in all genres for all ages. Today, the theatre is recognized as a leader in the Sacramento live theatre scene. Check their website for a current list of productions.

## BIBA

2801 Capitol Ave., Sacramento  
(916) 455-2422 | [www.biba-restaurant.com](http://www.biba-restaurant.com)  
Biba Caggiano was born and raised in Italy, but came to Sacramento via New York City. Upon her arrival in late 1960s she began preparing authentic Italian meals for friends and family which eventually led to teaching cooking classes which, in turn, helped her create the Sacramento culinary landmark that is Biba. She has published numerous cookbooks and even had her own television cooking show. Success hasn't changed the way Caggiano runs her business though. After three decades of being one of Sacramento's consistently best rated restaurants, Caggiano is still often found personally greeting those fortunate enough to dine at her restaurant.



Chef Biba Caggiano

## DISCOVER CALIFORNIA!

114 J St., Sacramento  
916-443-8275 | [www.discovercal.com](http://www.discovercal.com)  
Looking for all the gourmet delights of California, but don't have the time to drive up and down the entire state? Then head to Discover California! in Old Sacramento where the best of California's gourmet food and gifts can all be found in one place. In addition to the shop, you'll want to head downstairs where Discover California! features a first-class wine bar stocked with the region's finest wines.

## THE CALIFORNIA MUSEUM

10th & O streets, Sacramento  
916-653-7524 | [www.californiamuseum.org](http://www.californiamuseum.org)  
The California Museum – home of the California Hall of Fame – is a new kind of history museum featuring captivating, active and engaging experiences about California and its people. The museum celebrates the brave, intelligent, funny, inventive, adventurous, and influential people who have helped make the Golden State shine so bright. The brightest of the bright, including the likes of Sally Ride, Tiger Woods and Willie Mays can be found in the "California Hall of Fame" which has called the museum home since 2006.

## EFFIE YEAW NATURE CENTER

Inside Ancil Hoffman County Park  
2850 San Lorenzo Way, Carmichael  
916-489-4918 | [www.effieyeaw.org](http://www.effieyeaw.org)  
From the famous trees of midtown to the 30+ miles of bike trails through riparian forests, Sacramento offers nature lovers unparalleled opportunities when compared to other cities of similar size. The Effie Yeaw Nature Center showcases the natural history and wildlife of the Sacramento region through ever-changing programs for children and adults. The 77-acre nature preserve offers self-guided tours through the woodlands along the American River. Keep an eye out for deer, coyotes, migratory songbirds and wild turkeys as you enjoy a "big city" experience like no other.

## THE PARK DOWNTOWN

15th & L streets, Sacramento  
916-492-1960 | [www.theparkdowntown.com](http://www.theparkdowntown.com)  
The Park has established itself as a Sacramento institution in just a few short years. It's one-stop shopping for a first-class night on the town. Start with dinner at the posh Mason's Restaurant where the modern American cuisine has been raved about since the restaurant's inception. Then enjoy a cocktail in the luxurious bar before showing off your moves on the dance floor at the Park Ultra Lounge. The scene is well-dressed and hip and the atmosphere is lively. Finish the evening with a nightcap on a spacious patio famous for its unique patio furniture – full-sized beds.

## SACRAMENTO BALLET

916-552-5800 | [www.sacballet.org](http://www.sacballet.org)  
The Sacramento Ballet has been a leader in the Sacramento performing arts community since 1954. Focusing not just on its productions, but also on outreach and education, the company is well-known throughout the west. They even provide "outreach" to the often-reluctant male attendees with their popular "Beer & Ballet" performances. The most popular productions, however, are the annual holiday Nutcracker shows which sell out earlier and earlier each year.



Sacramento Ballet

## **TAPA THE WORLD & KASBAH LOUNGE**

2115 J St., Sacramento

916-442-4353/916-442-4388

[www.tapatheworld.com](http://www.tapatheworld.com)/[www.kasbahlounge.com](http://www.kasbahlounge.com)

This one-two punch of midtown restaurants is sure to please those in search of something exotic. Paul Ringstrom and Conni Levis, brother and sister, run both establishments and pride themselves on bringing unique experiences to the Sacramento dining and nightlife scene. Tapa the World features Spanish cuisine, famous sangria and authentic Spanish music on the weekends. Immediately next door you can enjoy the pleasures of the Middle East at the Kasbah Lounge where mint tea and hookah pipes are the perfect complement to the belly dancing. Both locations are open well into the night.

## **ARDEN HILLS RESORT CLUB & SPA**

1220 Arden Hills Lane, Sacramento

916-480-1150 | [www.ardenhills.net](http://www.ardenhills.net)

Ahhhhh... when it's time to relax it's time to head to the spa at Arden Hills. Making its home at one of the area's most luxurious resorts, it's hard to find anything more peaceful than the ambience at Arden Hills. Offering a variety of relaxation-inducing treatments from body scrubs to the all-encompassing "All Day Beauty" package, the spa at Arden Hills is sure to soothe your stress away.



CA Museum